

Essence: Sweet children, continue to have your intellect's yoga with the Father and you will complete the long journey with ease.

Question: Which one thing do you have to renounce in order to sacrifice yourself to the Father?

Answer: Body consciousness. As soon as you become body conscious you die and become adulterated. This is why some children's heart shrinks at the thought of surrendering themselves to Baba. Since you have sacrificed yourself, there should only be remembrance of that One. You have to sacrifice yourself to Him and only follow His shrimat.

Song: O traveller of the night, do not become weary! The destination of dawn is not far off.

Om shanti. God speaks. God is teaching His children Raja Yoga and knowledge. This is not a human being. It is written in the Gita that God Krishna speaks. Now, it is not possible for Shri Krishna to *liberate* the whole world from Maya. Only the Father can come and explain to the children. Those who have made the Father belong to them are sitting face to face with the Father. Krishna cannot be called the Father. The Father is called the Supreme Soul, the One who resides in the supreme abode. The soul remembers God through this body. The Father sits here and explains: I am your Father, the One who resides in the supreme abode. I am the Father of all souls. I came a cycle ago and taught you children to connect your intellect's yoga to Me, your Supreme Father. He speaks to souls. Until a soul enters a body he cannot see through the eyes or listen through the ears. A body without a soul is non-living. The soul is the living being. There is a baby in the womb, but it is unable to move until a soul enters it. So, the Father speaks to such living souls. He says: I have taken this body on *loan*. I come and take all souls back. I teach Raja Yoga to the souls who are in front of Me. The whole world will not study Raja Yoga; only those from the previous cycle are studying Raja Yoga. Baba now explains: Continue to connect your intellect's yoga to the Father until the end; don't stop this. A husband and wife do not know each other before getting married. However, afterwards, some live together for 60 or 70 years and throughout their whole life they only remember the body. The wife would say, "This is my husband", and the husband would say, "This is my wife". You are now engaged to the Incorporeal. It is the Incorporeal Father who comes and arranges this engagement. He says: I betroth you children to Me, just as I did in the previous cycle. I, the Incorporeal, am the Seed of the human world tree. Everyone says that *God*, the *Father*, created this human world. Your Father always resides in the supreme abode. He now says: Remember Me. Because the journey is a long one, many children become tired and unable to keep their intellect fully occupied in yoga. Because Maya makes them stumble around they become tired. Some even let go of Baba's hand and die. The same thing happened a cycle ago. Here, for as long as you live, you must continue to stay in remembrance. When a man dies his widow keeps remembering him. This Father and Husband will not leave you in that way. He says: I will take you brides back with Me. However, this does take time, so don't become tired. There is a huge burden of sin on your head, and it will only be removed through yoga. Your yoga should be such that, at the end, you remember no one but the Father, the Bridegroom. If you remember anyone else, you become adulterated and will have to experience punishment for that sin. This Father says: O travellers to the supreme abode, do not become weary. You understand that I am establishing the original eternal deity religion through Brahma, and that I inspire the destruction of all religions through Shankar. Now they continue to hold *conferences* for all religions to come together; they try to find ways to become united and live together in peace. It is impossible for that many religions to have one direction. It is through one direction that one religion is established. If all the religions were to become full of all the divine virtues and completely viceless they could live together like milk and honey. In the kingdom of Rama they are all like milk and honey. Even the animals don't fight. Here, there is quarrelling in every home. They fight when they don't belong to the Lord and Master. They do not know their Mother and Father. They even sing: You are the Mother and Father and we are Your children. Through Your mercy we receive the treasures of happiness. Because there are no treasures of happiness now, they say: We receive no mercy from the Mother and Father. They don't know the Father, and so how could the Father have mercy on them? Only when they follow the *Teacher's directions* can there be mercy. They say that God is omnipresent. In that case, who would give mercy? And who would receive mercy? Both are needed – the One who gives mercy and those who need mercy.

Students first have to come and study with the *Teacher*. One first has to have this mercy on oneself. Then one has to follow the *Teacher's directions*. Someone is needed to inspire you to make effort. This One is the Father, the *Teacher* and also the Satguru. He is called the Supreme Father, the Supreme Teacher and the Supreme Satguru. The Father says: Every cycle, I carry out this task of establishment and purify the impure world. Baba is the *World Almighty Authority*. Therefore, the kingdom of the *World Authority* would be ruled constantly. There is the one kingdom of Lakshmi and Narayan over the whole world. They too have *almighty authority*. No one fights or quarrels there; Maya doesn't exist there. It is the *golden age* and *silver age*. Both the golden and silver ages are called heaven, Paradise. Everyone sings: Remember Radhe and Krishna and go to Vrindavan, heaven. However, none of them go; they simply remember them. Now it is the kingdom of Maya and everyone is following the dictates of Ravan. Important people appear to be very good and they receive grand *titles*. If they show a little bit of physical courage or perform a good deed they are given a *title*. Some receive the title of *Doctor of Philosophy*. They continue to give *titles* of something or other. You are now Brahmins. You are definitely *servicing* Bharat. You are establishing the divine kingdom. You receive your *titles* after establishment has been accomplished, titles such as king or queen of the sun dynasty, king or queen of the moon dynasty. Then your kingdom begins. There, no one receives a *title*. There is nothing there that causes sorrow, so no one would have to remove sorrow or show courage and receive a *title*. The customs and systems that exist here cannot exist there, nor can Lakshmi and Narayan come into the impure world. At this time there are no pure deities. This is the impure, devilish world. People are confused by the many different directions and opinions. Here, there is only one elevated direction through which the one kingdom is being established. However, while moving along, some are pricked by Maya's thorns and those souls go lame. This is why the Father says: Constantly follow shrimat. By following the dictates of your own mind you become deceived. By following the directions of the true Father you earn a true income. By following your own directions, the boat sinks. Because of not following shrimat many mahavirs became degraded. You children now have to attain salvation. Those who don't follow shrimat and become degraded will have to repent a great deal. Then Shiv Baba will sit in this body in the region of Dharmaraj and say: I explained so much to you through the body of this Brahma. I taught you and made so much effort on you. Some even wrote letters of their faith and said: I will follow shrimat. However, they did not follow it. You must never cease following shrimat, no matter what happens. If you tell the Father about everything, you will be cautioned. Only when you forget the Father do thorns prick you. Then you children run miles from the Father who grants salvation. They sing: I will sacrifice myself. I will surrender. However, to whom would they do this? It is not written: I surrender to a sannyasi. Or: I surrender to Brahma, Vishnu or Shankar. Or: I surrender to Krishna. You surrender yourselves to the Supreme Father, the Supreme Soul, not to a human being. You receive your inheritance from the Father. The Father also surrenders Himself to you children. That unlimited Father says: I have come here to surrender to you. However, some children's heart shrinks at the thought of surrendering themselves to the Father. If you come into body consciousness, you die and become adulterated. There should be remembrance of that One. Surrender yourself to Him. The play is about to end. We now have to return home. All your friends and relatives etc. are to be buried in the graveyard, and so what is the point of remembering them? This requires a lot of practice. It is said: If a soul climbs up he tastes nectar, but when a soul falls heavily he loses his status. This doesn't mean that he won't go to heaven. However, there is a difference between being a king or queen and being a subject. Look at a native here and at a *minister*; there is a difference. Therefore, make full effort. If someone falls, he becomes absolutely impure. If a soul is not able to follow shrimat, Maya gets hold of that soul by the nose and throws him into the *gutter*. To oppose BapDada after belonging to Him means to become a *traitor*. This is why the Father says: Be cautious at every step. Maya's time is now coming to an end, so she makes many of you fall. Therefore, children, remain very alert. The road is a little long but the status is very great. If you become a *traitor*, there is severe punishment. When Dharamraj Baba punishes souls, they cry out in distress. That then becomes fixed for every cycle. Maya is very powerful. If there is even a little *disregard* for the Father, you die. It is said that someone who defames the Satguru cannot reach the destination. Some perform wrong actions under

the influence of lust or anger and cause defamation of the Father and so they experience punishment. Since there is multimillionfold income in every step, there is also multimillionfold loss. If the account is increased through *service*, then through wrong, sinful actions it also goes into deficit. Baba has the whole account. Now that Baba is teaching you personally, it is as though the whole account is on the palm of His hand. The Father says that He wants no child to have *disregard* for Shiv Baba, because a lot of sin is created through that. You have to give your bones in serving the yagya. There is the example of Dadichi Rishi. This too creates a status. Otherwise, there are many different levels of status among the subjects. Maids and servants are also required for the subjects. There will be no sorrow there, but the status is numberwise. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Do not become weary of the pilgrimage of remembrance. Practise having true remembrance so that, at the end, you remember no one but the Father.
2. Follow the directions of the true Father and earn a true income. Don't follow the dictates of your own mind. Do not cause defamation of the Satguru. Do not perform wrong actions under the influence of lust or anger.

Blessing: May you be a gyani and yogi soul who receives the fruit of success by always performing accurate and elevated actions.

Every action of gyani and yogi children is automatically yuktiyukt. Yuktiyukt means that their actions are always accurate and elevated. No seed of any action stays without bearing fruit. Those who are yuktiyukt are able to have any thought, speak any word or perform any type of action whenever they want. Their thoughts would also be yuktiyukt. They would not say, "I did not wish to do that but it happened." "I should not have thought that, but I did." The sign of those who understand and are yogyukt is that they are yuktiyukt.

Slogan: The treasure-store of someone who has a big heart is always full.

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